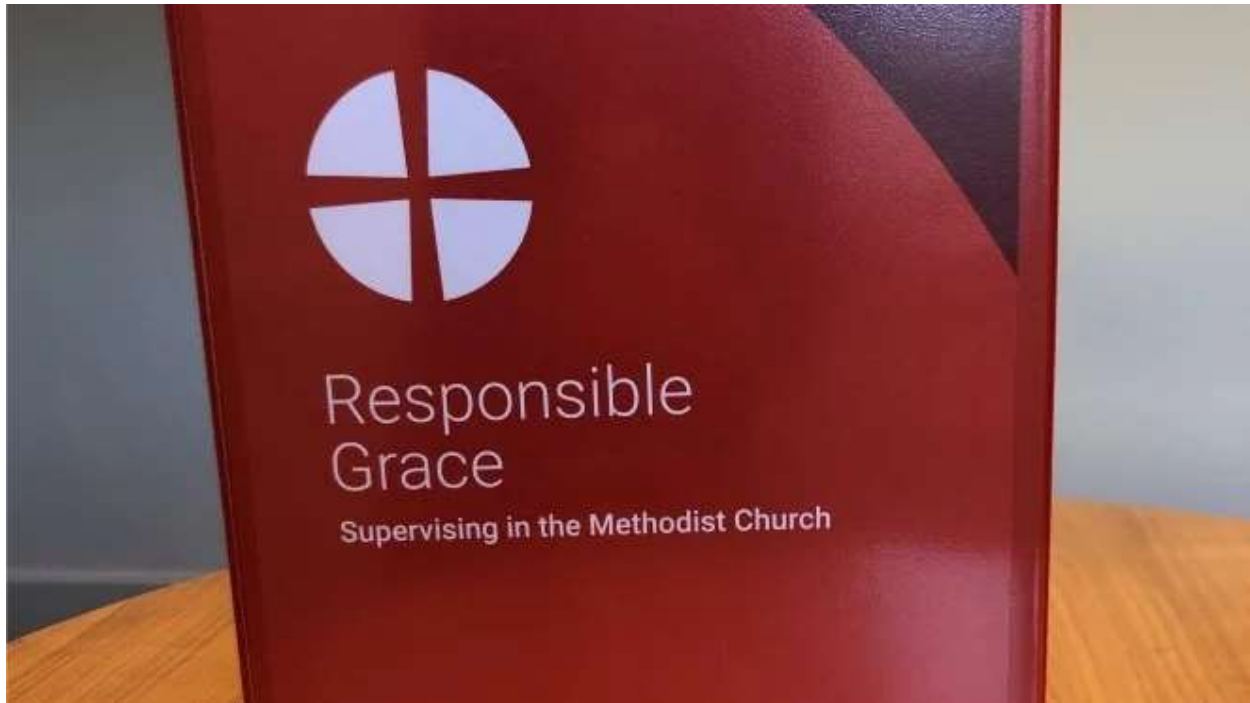


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Autumn 2023 Update



Hello and welcome to the Autumn 23 newsletter especially for Supervisors.

Once again the church year has started quickly and this is a chance to think about how supervision supports the work of ministry and to pay attention to any changes or news snippets. We have been working hard on our contact list to ensure that every supervisor approved under the policy is sure to receive the updates they need but if you hear of someone who feels they have been missed then please do get in touch.





Welcoming Emily

We are very pleased to announce that our supervision work is being looked after by our new colleague Emily Ho. You can contact her through the supervision inbox on supervision@methodistchurch.org.uk.

Emily has recently moved to the UK from Hong Kong and has an understanding of supervision through her work as a social worker. I'm sure you'll want to give her a warm welcome as she joins the team.



Records



The start of the connexional year is always a time of transition. It's a good opportunity to consider whose records you have, whose you don't and whose you should have. The guidance can be found [here](#).

This guidance has been updated recently especially in connection with 3rd party agreed records so if you are a supervisor of someone that has moved please remember to

- Collate the Agreed records and covenant forms you have built up while you were supervisor to create a supervision file
- Find out who the new supervisor of your supervisee is
- Send the supervision file to the new supervisor but please remember to do that securely. If electronically then make sure its password protected. If by post then send it recorded delivery
- If you don't know the supervisor's name then please ensure the District SIP holder in the receiving district receives the supervision file in readiness

If you are a new supervisor to someone new to your context then make sure you have received a full supervision file and keep it securely to add to during the time of your supervisory relationship.

If you are a third party record holder and the person in supervision has moved then

- Check with the supervisor that a full file is held and has been safely transferred
- If so make a note to destroy the copies of the agreed records you hold in 6 months time
- If not then work with the supervisor to make sure a full set of records is compiled
- Retain copies of agreed records only if there is an ongoing safeguarding, wellbeing or fitness to practice issue that has or may still require attention. You may wish to alert any new third party record holder that this is the case.

If you are a new third party record holder to someone new to your context then do not expect to receive a full supervision file , other than by exception, and build a new set of records securely adding to it during the time of your supervisory relationship. The first thing you might expect to see is a covenant.

Reaccreditation



Increasing numbers of you are now receiving letters about reaccreditation.

These letters typically remind you, a year ahead of the due date, of the kind of development needed and what other documents or information you will need to provide.

There is a specialist set of FAQs on the topic and you can find that [here](#) but of course you can also contact us through the usual routes.

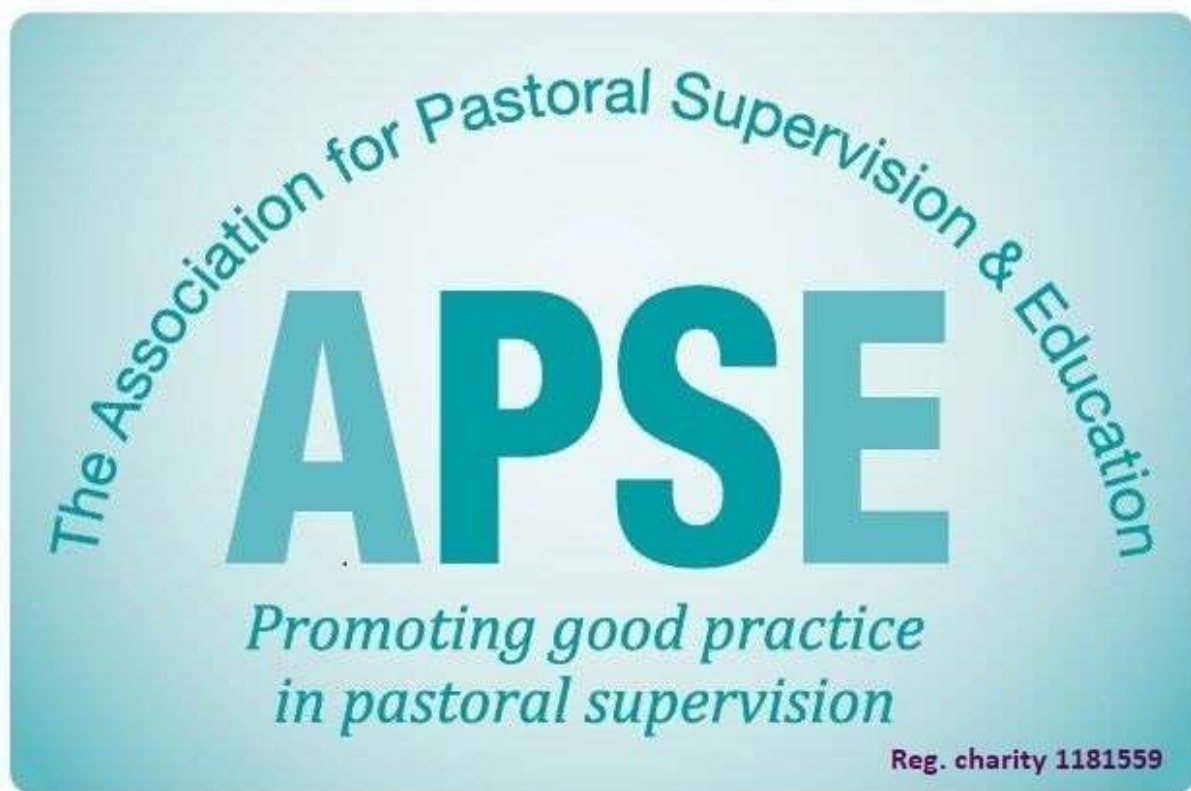
Continuing Development Opportunities

Our Continuing Development opportunities continue to come in all forms - Online training, Residential training, Video refreshers etc.

You can find out about the current opportunities [here](#)



APSE groups



APSE, The Association of Pastoral Supervisors and Educators, runs lots of regional groups for approved supervisors.

You can find out more about how to get involved in your local group [here](#).

Reading and Wondering

If you are interested in all things supervision but don't want to buy a book then why not listen to [this](#) podcast.

It comes from a clinical context but has insights that help our particular reflective work.



Postcards



If you were one of the fortunate supervisors to obtain a pilot copy of our handy supervision postcards please can you offer us some feedback on how useful they were (or not) and what may need to change if we are to publish them again with a wider reach. Your feedback can just come qualitatively to the supervision inbox and we'll retain look for trends and comments. If you have a

set but haven't used them then please dig them out and give them a try. We'd love to hear how you got on.

Wellbeing



There are two pieces of information about wellbeing that you might like to note this autumn. The first is that new guidance has been developed for those facing ministry where they are having to deal with catastrophe. It was recently distributed through Signpost for ministry and can be found through this [link](#).

The second is that we are hoping to gather a small group of supervision practitioners who have an interest in developing a mini module for supervisors. This will be designed to help supervisors support supervisees who are experiencing being overworked and overwhelmed. This work has been approved by the Supervision Reference Group in response to matters raised through its wellbeing protocols.

Members of such a group would need to

- Be experienced in ministry as an approved Supervisor
- Have some understanding of training or small group work
- Be conversant with working on Zoom
- Have an interest in support mechanisms for ministers

If you would like to be involved in this work then please contact Jane Bingham in the first instance to find out more. Jane's contact details can be found at the end of this newsletter.

Quick Tip

If you are wondering how best to tap into a new or different perspective for your supervisee why not try working out what makes them tick. Often you can get a new train of thought or feeling underway by encouraging them to explore their topic or situation through a lens that relates to one of their passions.

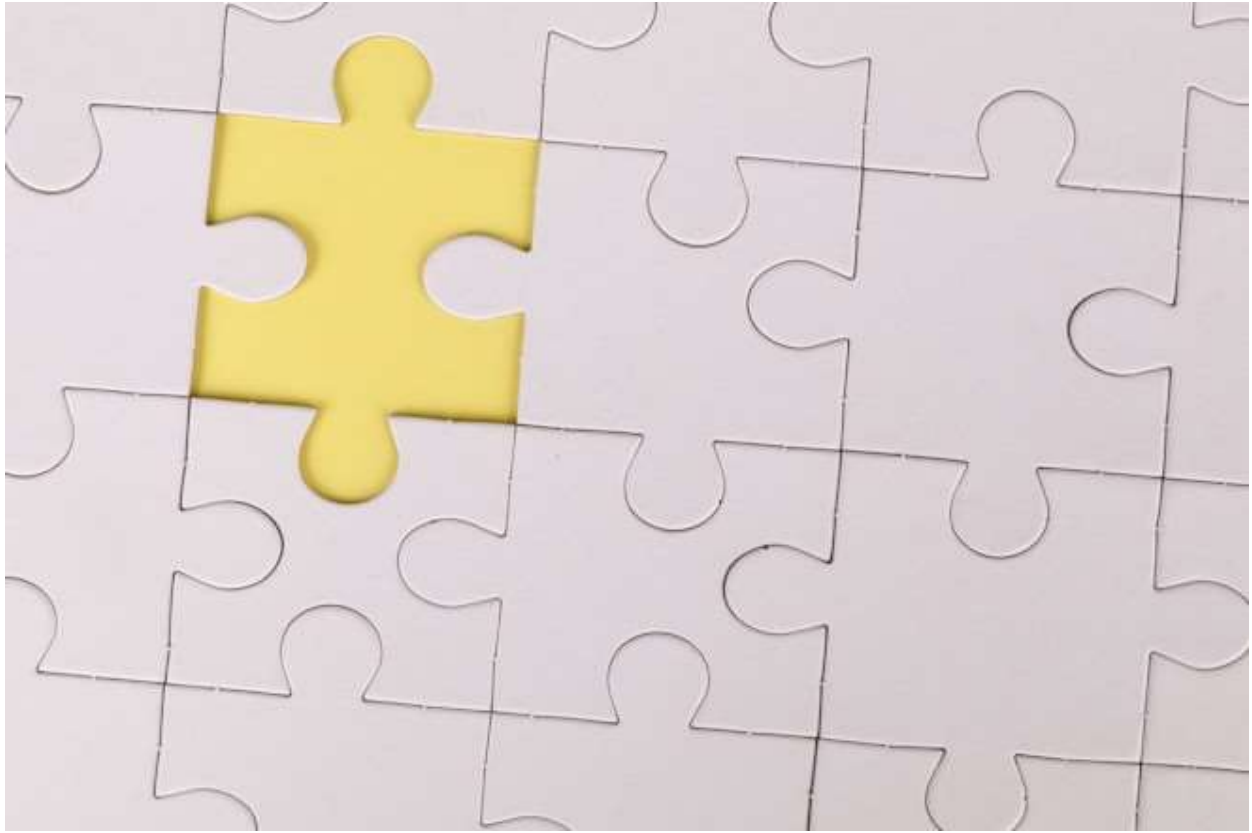
This can range from engineering and process through to art and using the outdoors.



Listen to what ignites their soul and spirit and then use it as a springboard to your work together. Why not try to develop a new set of questions that you can use that fit the passions you've discovered like....

- If this were a tv series what would you call it and how would you describe the plot?
- If this were an engineering project where would you start?
- If this was an art exhibition and you were the curator what would you include and leave out?
- What colour is this to you? Why does that matter? What colour would you like it to be?
- What do you see around you in nature than can help?

Capacity



If you are an approved supervisor but find yourself with capacity, as the district you operate in doesn't need your skills, and are willing to assist in another locality to the one you're based in please can you get in touch with Jane so she can match you up to the places where there is specific need.

Congratulations

We have a number of supervisors who have now completed extension learning around supervision and have become qualified in recent months to diploma level. Congratulations to all those who have been successful and if this is something that interests you then please do keep your eyes open in readiness for our next round of bursaries which will be open from December.



Goodbye

So its goodbye from us in the supervision team.

If you do have any queries then please do get in touch and we'll be very happy to help.

Remember that back copies of all our newsletters can be found [here](#).

Thanks.

Every blessing,

Jane, Emily



✉ [Jane](#)

As we mentioned at the start you are being contacted as you are a fully accredited supervisor under the Policy of the Methodist Church. As a consequence we have made legitimate use of your contact information to keep you informed of developments and ensure you are apprised of any changes that can help you as you continue to supervise in the Methodist context. If you have any queries about this then do please get in touch with Jane Bingham and she can help you.

[Unsubscribe](#) [Forward](#)